

Heat Illness Prevention Checklist

Company: _____ Location: _____

Date of Inspection: _____ Inspector: _____

Safety Requirements	Yes	No	N/A
Water			
Is there plenty of fresh, cool drinking water located as close as possible to the workers?			
Are water coolers refilled throughout the day?			
Shade			
Is there shade available for breaks and if workers need to recover?			
Training: Do workers know the:			
Common signs and symptoms of heat illness?			
Proper precautions to prevent heat illness?			
Importance of acclimatization?			
Importance of drinking water frequently (even when they are not thirsty)?			
Emergencies			
Does everyone know who to notify if there is an emergency?			
Can workers explain their location if they need to call an ambulance?			
Does everyone know who will provide first aid?			
Worker Reminders			
Drink water often			
Rest in the shade			
Report heat symptoms early			
Know what to do in an emergency			

Any “No” answers must be addressed.

Comments: _____

